

Knowsley Libraries Big Lock In

Hi All

While we're all still having to adjust and **stay safe** at this worrying time we thought we'd bring you another issue of **Knowsley Libraries Big Lock In**. Lots of us are missing our family, friends and especially going out to our favourite places like the Library ☺ We decided that we'd put together this little newsletter with lots of bits and bobs in such as recipes, book recommendations, and we've even included a quiz to help ease the boredom.

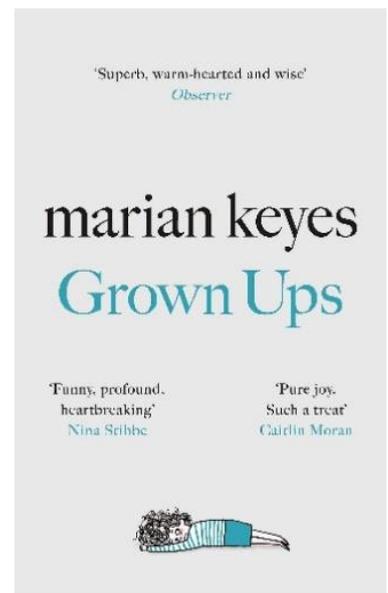
So, a little bit of homework for you while you're unable to go out and about. I was wondering if you'd share with us 'What You're Reading in Lockdown', or your favourite book/author that you'd like to recommend to others.

I've asked friends, family and colleague's to share with us what they're reading and it's quite a mix!

What are people reading?

Aimee, Library Assistant
Grown Ups by Marian Keyes

This is the newest book by the popular author Marian Keyes. Based around the Casey family, Johnny Casey, his two brothers Ed and Liam, their wives and all their children. They spend a lot of time together, birthday parties, anniversaries and weekends away. They seem like a very happy family. But under the surface conditions are murkier, some people clash, others like each other FAR too much. Everything is under control though.... That is until Ed's wife, Cara, gets concussion and can't keep her thoughts to herself. One careless remark at a family birthday party starts Cara spilling out all the family secrets. The family will never be the same again.



"This is my favourite Marian Keyes book so far, I was drawn in right from the start and couldn't stop reading – I finished it in 2 days. There were a couple of characters I could relate to, a few I wanted to be friends with, and a couple of characters I'd like to have a few strong words with.

All in all a great read, I'd highly recommend it"

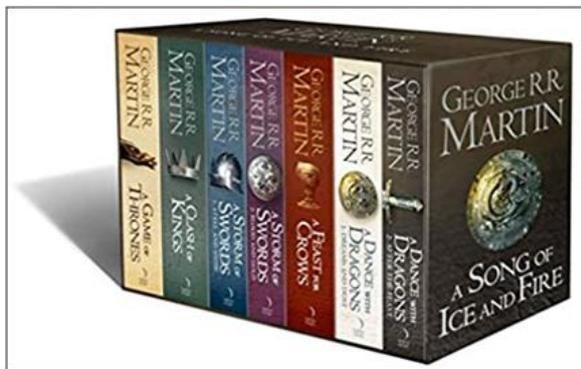
Hilary, Library Assistant
The Plague by Albert Camus

“I have recently revisited The Plague by Albert Camus. I first read this in the original La Peste, a set text for A Level French, way back in 1968!!! Set in a situation which is clearly very similar to our own present, this is an existential, thought-provoking novel which explores the human condition, as each of the characters copes in their own way with the enforced quarantine, isolation and fear which follows the outbreak of disease”.



A bit of fantasy, recommended by **Amanda, a Library User**

A Game Of Thrones and a Clash Of Kings – George R R Martin



“I’ve just moved on from A Game of Thrones to A Clash of Kings, the second book in A Song of Ice and Fire. I know the story so well, watching the HBO series AGAIN! Love it. So now I get to enjoy the beautiful writing and I’m not racing through for the story. So, yes I recommend that.”

I hope these snippets help, if you’d like to tell us what you’re reading we’d love to hear from you, and also if you’ve read any of the books recommended and what you thought of them. Please email yourlibrary@knowsley.gov.uk and we’ll post your book recommendations

For those who may be missing the theatre, or just want to watch something more cultural, both The Globe Theatre and the National Theatre are making dramas available online.

<https://www.shakespearesglobe.com/watch/>

<https://www.nationaltheatre.org.uk/nt-at-home>



Also, the BBC are running Culture in Quarantine

<https://www.theupcoming.co.uk/2020/05/06/bbc-culture-in-quarantine-romeo-and-juliet-at-the-rsc-online-theatre-review/>

For those who enjoy artistic expression, BBC in Quarantine has the following

<https://www.bbc.co.uk/programmes/articles/MxHKChgvM08r1fS410iqV/colour-your-own-thank-you-to-nhs-staff>



[BBC Arts - Culture in Quarantine - Colour your own 'thank you' to NHS staff](#)

Sir Michael said, "Now more than ever is the time to show our appreciation for the courageous work of our NHS staff across the UK. We might be in lockdown but, by colouring in this design ...

www.bbc.co.uk

Quiz:

As we have all been spending so much more time watching TV, here is a quiz to test your memory.

TV Drama Quiz Questions

1. The historical drama "Wolf Hall" was based on the works of which writer?
2. In what series did Aidan Turner star as a redcoat returning to Cornwall?
3. Who played Jack Bauer in the series "24"?
4. In which series would you find Copenhagen police detective Sarah Lund?
5. Martin Sheen played the US President in which long-running series?
6. Which show follows the lives of three 30-something Manchester couples?
7. In which city was the US crime drama "The Wire" set?
8. Walter White was a teacher turned drug dealer in which series?

9. Which actor played Tony Soprano in the long-running series?
10. DS Steve Arnott and DS Kate Fleming can be found in which series?

I'll add the answers next week, good luck!

The answers to last week's teaser are as follows

1. WILLIAM SHAKESPEARE
2. AGATHA CHRISTIE
3. CHARLOTTE BRONTE
4. ERNEST HEMINGWAY
5. T S ELIOT
6. CHARLES DICKENS
7. SALMAN RUSHDIE
8. RUDYARD KIPLING
9. F SCOTT FITZGERALD
10. DYLAN THOMAS

Recipe of the Week:

Recipe of the Week

I'd like to share some easy to follow and lovely to eat recipes from Family, Friends and colleagues

This one is from: **Lee, Digital/Library Advisor**

Light Chicken Stock - Can freeze and use later

Ingredients: (To make 5 pints)

- Whole Chicken uncooked
- Chicken wings or thighs
- 5 pints of cold water
- 2 carrots, chopped
- 2 celery stalks, chopped
- 2 white onions, quartered
- Head of garlic, sliced through the middle
- Parsley stalks



- 2 bay leaves
- 10 cracked pepper corns

Method:

- Put the chicken in a large pan. Cover with the water, bring to the boil and skim off any scum.
- Add the vegetables, herbs and peppercorns. Turn down the heat to its lowest and gently simmer for 3 hours.
- Strain through a fine sieve and leave to cool. Once cool you can pour into freezer bags. It will last 2 months in the freezer.

To make a darker stock, roast the chicken and the vegetables before making the stock.

If you want to spice it up a bit you could add some chillies and ginger to give it an Asian taste.

That sounds nice. A good one for soups.

Can you use it for anything else?

You could use for risotto or paella.

What happens to the chicken after three hours of boiling?

Break up some dried spaghetti for chicken noodle soup. Take all the meat off the bone and put it in the soup and eat it.





Here is some fantastic feedback about the Lemon Drizzle cake recipe we included in our first newsletter;

Rebecca age 9, Library member

I made this cake for VE day from the recipe in the newsletter and it was delicious! Even my brother said it was nice and he doesn't usually like what I make 😊

The Great British Bake Off may be postponed, but for those who may get withdrawal symptoms without a weekly baking contest,

Bake Off: The Professionals returns to Channel 4 at 8pm on Tuesday 26th May

This link gives details of all this year's contestants.

<https://www.radiotimes.com/news/2020-05-19/bake-off-the-professionals-2020-contestants-teams/>

Whilst we're **staying safe** some of us are having a break from reading by listening to music, watching TV and a whole host of other activities. Here are some recommendations:

Films of the Week:

Tuesday: Arrival

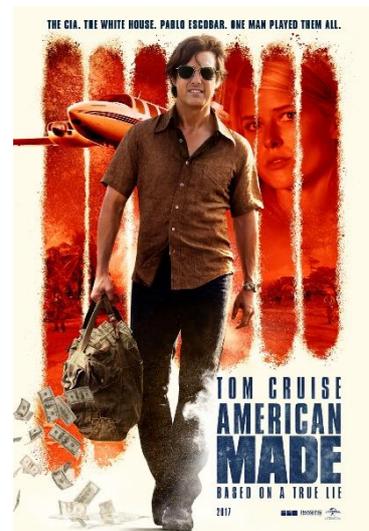
9pm Film 4 (Freeview 14, Freesat 300, Sky 313, Virgin 428)

A linguistics expert, along with her team, must interpret the language of aliens who have come to earth in a mysterious spaceship. Amy Adams stars.

Wednesday: American Made

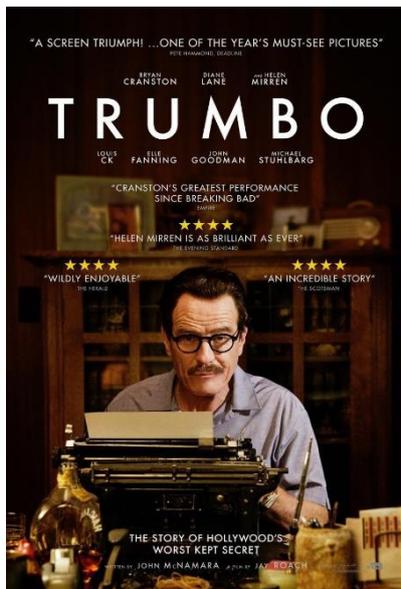
9pm Film4 (Freeview 14, Freesat 300, Sky 313, Virgin 428)

Inspired by the life of Barry Seal, Tom Cruise stars as a commercial airline pilot who gets involved in drugs and arms smuggling while working for the CIA.



Thursday: The Imposter
10.05pm Channel 4

Bafta-winning documentary that chronicles the tale of Frederic Bourdin, a con artist who seemingly tricked a Texas family into believing he was a relative who disappeared years earlier.



Friday: Trumbo
11.20 BBC Two

Biopic of the acclaimed Hollywood screenwriter, who was jailed and blacklisted in the 1940s for his left-wing political views. Upon his release, and through using various pseudonyms, he manages to continue writing some of Hollywood's best known films including Spartacus.

Saturday: Some Like It Hot
3.40pm BBC Two

When two musicians witness the St Valentine's Day Massacre, they flee the state disguised as women in an all-female band, but further complications set in. Marilyn Monroe, Jack Lemmon and Tony Curtis star.

If you'd like to share your thoughts on any of the films, we'd love to hear from you. Drop us an email and let us know what you think! yourlibrary@knowsley.gov.uk

Album of the Week:

Matador by Red Rum Club recommended by Joe

A bit closer to home this week, Red Rum Club are a band from Liverpool who formed in 2014. They mix sounds of old and new, guitars and trumpets, and once you listen to this album I think you'll agree there's no-one around who sounds quite like them. I've watched this band a few times live and they've been outstanding every single time.

'Matador' is their debut album from 2019, hope you enjoy!

Here a link to their song 'Honey': <https://www.youtube.com/watch?v=YEGay3xKDwY>



If you'd like to share your thoughts on this album, we'd love to hear from you. Drop us an email and let us know what you think! yourlibrary@knowsley.gov.uk

Meet the Staff: What are we doing during Lockdown?

Hi, Pauline here.

Normally you'd find me in Huyton Library where I work as a Library Assistant and also run a weekly bookfolding group. However, in light of recent events, I have been redeployed onto the Coronavirus Helpline – a free helpline set up by Knowsley Council to support their residents with lots of things they may be struggling with. This could be anything from putting a request in to the food bank for people unable to afford food through job losses, getting prescriptions delivered for people who are unable to go out due to self-isolating, and even arranging for someone to chat to people who are feeling lonely and isolated in these challenging times. I'm finding it a very diverse but most importantly, a very rewarding job and feel I have grown in confidence and also gained



valuable knowledge which will help me in my job within the library. The majority of people are so grateful for our help in signposting them to the help they need. The calls can be very upsetting as you can imagine, but it's a lovely feeling to know that you can help them, sometimes by just providing a friendly voice at the end of the phone and a little reassurance that we are here to help. One such call came through to me from a lady who was worried about her elderly neighbour – a very private man, living alone and feeling low. She thought that perhaps just a call to introduce ourselves and explain what services we can offer, might be enough. I decided to ring 'Tommy' and do just that. At first he was a bit nervous but when I explained that this service applied to all residents and that he wasn't being singled out, he seemed more at ease. He needed help with his shopping so I arranged a volunteer to ring him and deliver his shopping. We had a little talk and then to my surprise he asked if I could ring him once a week for a 'little' chat. He was a very interesting man, and had actually signed for Liverpool FC in his youth, until injury put a halt to that. Something he still feels sad about, some 60 years later! He has since said he looks forward to our chats (despite me being a Blue) and they have lifted his spirits. It's lovely to know that such a small gesture really can make a difference – and that's what it's all about! He has also promised to come into the library when we re-open and introduce himself in person. He was keen to find out about our basic computer skills classes as well, saying that basic computer skills would have helped him so much, being in the house all day.

I feel like I am learning so much from my time in this new position, which can only be for the good. Who knows how long it will be before life returns to 'normal' but it has made me realise how lucky I am to have a home, family and a job – something which many do not have.

Stay safe, look after each other and let's hope it's not too long before we see you all back in our libraries.

Below are some examples of my book folds which have been keeping me busy.

Pauline x



A Poem from one of our readers, Maureen:

'My Daily Walk April 2020' by Maureen

I emerge from the cocoon of my house to a radiant sunny April day.

The weather a stark contrast to the winter that many feel in their bodies, minds
and spirits.

Replete with sun hat; shades and water bottle, I stride out.

I'm bored with the same old route but know that, once I start, I will feel calmer and
happier.

I take a deep breath and my mood becomes somber as I pass the looming monolith
that is our local hospital.

It dominates the sky line in these parts, so close to our street .Many neighbour's
work there.

In the short time I have lived here, I have always found comfort in its proximity.

A place of safety, of care, of warmth, a hub for the community.

It is still all those things but the reality of its 'major purpose in sharper focus to me now, as I walk by.

Its' job to save lives; its' staff exhausted, striving to treat a sudden influx of Covid 19 patients.

Facing death many times a day and trying their best, in this crisis, to comfort the dying and bereaved

who could not be with their loved ones in their last days or at their time of passing

All this while putting their lives on the line without adequate PPE, worried about infecting

their loved ones when they go home.

I pass the pathology lab entrance and think of the millions of swabs being tested, the results

of which who can be released and who incarcerated in lockdown for a fortnight .

I pass the Bereavement Centre, a modern quiet looking building (if you know what I mean)

inside full of grief of those who have lost a loved one, but also of the kindness of staff no doubt

upset themselves but doing their best to keep it together no doubt at some personal expense

both physically and mentally .

Finally, I pass the ambulance station. I see a paramedic resting against a wall. All I can give her is

an empty "hello" and a smile . I wish I could do something to help but then I think to myself:-

"I am sixty three years old, though I feel fit, I am at higher risk than the under 60s of becoming very

ill or dying of this wretched virus if I do , I will put more pressure on the NHS if I take on too much"

So, with that in mind, I soldier on. The beauty of the day gradually releases me from my worries.

I pass houses with beautiful rainbows on display. I think of the children who made
them,

enjoying being creative with mum or dad .

I see 'oldies' sunbathing in their front gardens, pretending to be in Benidorm.

I see the most beautiful flowers bursting into bright colour and lovingly tended
lawns.

I see nimble; slim young people jogging with ear phones in place - in a world of
their own;

cyclists passing by- some alone, all ages , mums or dads with little ones pedaling
behind -happy to

be out together in the fresh air .

I see couples holding hands (hopefully from same household)

I pass a business unit, vans still coming and going. I wonder what they are doing.
Some people still

working to keep the country going somehow .

Then, I spot a path that takes me off the road. I venture onto it (never noticed it
before).

It takes me away from suburbia to a pleasant walk around a farmer's field. It is
tranquil, green, a wood

encircles it , bird song fills the air .

I make a circuit of this field, feeling refreshed, all sadness forgotten as the beauty of
unspoiled nature

takes over my mind .(I realise how much I miss my monthly rambles to the lakes or
wales or Yorkshire

with our group of folk of many different ages and characters ,united by love of
walking and country .

All suspended till we can safely travel on a coach and meet in groups again)

"Never mind " I think to myself " I can at this moment and for days to come,
appreciate the beauty

on my door step and the fact I can access it easily"

I return to the road, tired (not as fit as I was) but content. I retrace my steps, but
this time on the other side
of the road from the ambulance station, the path lab, the car park and the hospital.
I do not ignore these places but am aware I have to protect my mind for a while.
I feel less fraught now, the walk has given me some comfort, the need to
appreciate the present
and recognise that all I can do is live day to day the best I can and pray for all those
affected
and for an end to this virus

I look forward to a nice cup of tea now. I hope all NHS staff and patients can have one too
with cake!



Something for the Kids:

If you've missed Joe Wicks exercising in the morning you can catch up with him here <https://www.youtube.com/user/thebodycoach1/videos>

He's keeping kids fit and healthy and lots of the parents are joining in too, looks like lots of fun.

CRAFT IDEA

Do you remember when we all thought it was a good idea to go out and empty the supermarkets shelves of all types of pasta? There must be lots of part bags lurking in kitchen cupboards. It is worth remembering that dry pasta is a useful craft product. It can provide lots of fun for bored kids. It can be coloured using food colouring, paint, felt tips or even - nail polish. Why not try to make little charms, a friendship bracelet or just make a picture (a rainbow, perhaps, to remember our NHS). The opportunities are endless - you just need to add some glue, pipe cleaners, cord, play dough..... Use your imagination.





Quiz Time

1. In the story *Charlie and the Chocolate Factory*, what is Charlie's surname?
 - a. Bucket
 - b. Bonnet
 - c. Basket
 - d. Barrow
2. What is the title of Roald Dahl's children's story in which the title character's parents are swallowed by a rhinoceros?
 - a. James and the Giant Pea
 - b. James and the Giant Potato
 - c. James and the Giant Peach
 - d. James and the Giant Plum
3. What are the names of Harry Potter's parents?
 - a. John and Louise
 - b. Joe and Lucy

c. Jack and Lola

d. James and Lily

4. In which forest do Robin Hood and his Merry Men live in?

a. Sherwood

b. Nottingham

c. Delamere

d. Dalby

5. Which fairy tale character slept for a hundred years?

a. Sleeping Beauty

b. Belle

c. Cinderella

d. Snow White

6. In the Nursey rhyme, who kissed the girls and made them cry?

a. Georgie Pudding

b. Georgie Pie

c. Georgie Pickle

d. Georgie Porgie

7. What is Dr. Who's time machine called?

a. TIDY

b. TARDIS

c. TIME LORD

c. TIME TRAVEL

8. In the film 'Stuart Little', what kind of animal is Stuart?

a. Rat

b. Mouse

c. Guinea pig

d. Hamster

9. What is the name of Peter Pan's pirate enemy?

a. Captain Look

b. Captain Crook

c. Captain Hook

d. Captain Shook

10. What is the name of the village where Postman Pat delivers his letters?
- a. Greendale
 - b. Greenland
 - c. Green leaves
 - d. Greenwood

The answers for the quiz will be revealed in next week's newsletter. Good Luck!!

How well did you do with last week's quiz? You can check to see how many you got correct, may be all ten! The answers are below for you to check

1. Cat In the Hat - Dr Seuss
2. Charlotte's Web - E.B. White
3. Fred The Lonely Monster - Anne Lowinsky
4. The Bolds - Julian Clary
5. Flat Stanley - Jeff Brown
6. The Creakers - Tom Fletcher
7. The Very Hungry Caterpillar - Eric Carle
8. Guess How Much I Love You - Sam McBratney
9. Harry Potter & The Deathly Hallows - J.K. Rowling
10. Double Act - Jacqueline Wilson

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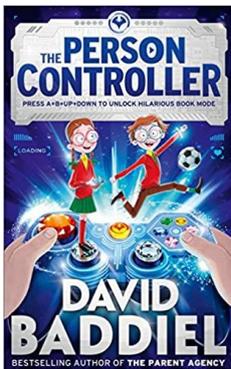
<https://yourlibrary.knowsley.gov.uk/>

Recommended Reading for 7-10 year olds:

Book Reviews: by Zeb age 9 Saltaire Yorkshire

My book review on: THE PERSON CONTROLLER PRESS A+B+UP+DOWN TO UNLOCK HILARIOUS BOOK MODE

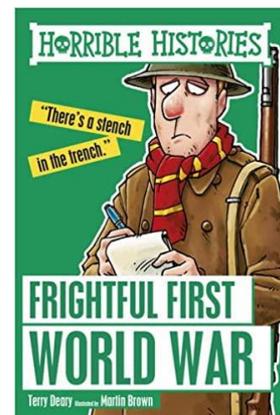
By David Baddiel



“This book is good in some ways and bad in others (it encourages video games). The only thing bad about it is that it’s about a magic video game controller which could lead to addiction in real life. It starts off with two nerdy twins (although they don’t look the same as they’re different genders) who get bullied and love video games. Their dad is fat and eats bacon sandwiches all the time and their mum is always watching TV, so their lives are pretty miserable. They go online and find a magic controller and a bracelet. They buy it and it gets delivered through the post. They soon realise that if they put the controller on one of them, they can control each other with the controller. They use this to win games of football, beat up the school bullies and lots more. They soon come to a big football match but the controller had almost run out of charge! Ellie (one of the twins), pretends to control Fred (the other twin) but he wins it all by himself! The author of this book is David Baddiel and the illustrator is Jim Field. Kids aged 7-10 years old will probably enjoy this book most, although older kids may like it as well.

Horrible Histories: Frightful First World War

“This book is all about history in WW1 and does not only provide knowledge but is also entertaining and funny. It tells you only what happened in ww1, but also what it felt like by putting things in like personal letters written by people who were actually in the first world war! It tells you about how ww1 started, which countries were involved and how different people animals helped with winning the war.



The advantage of this being a book instead of a school teacher is you can read whenever you want, it probably helps you remember all the facts more as it’s funny and entertaining. You will also probably like this book if you have already read other Horrible History books. I would say people from 8-12 years would be interested most in this book “.

Please feel free to drop us an email about anything in this newsletter, we'd love to hear any thoughts or comments you have. Stay safe and well!
yourlibrary@knowsley.gov.uk