

# Knowsley Libraries Big Lock In

## Hi All

While we're all still having to adjust and **stay safe** at this worrying time, we thought we'd bring you another issue of **Knowsley Libraries Big Lock In**. Lots of us are missing our family, friends and especially going out to our favourite places like the Library ☺ We decided that we'd put together this little newsletter with lots of bits and bobs in such as recipes, book recommendations, and we've even included a quiz to help ease the boredom.

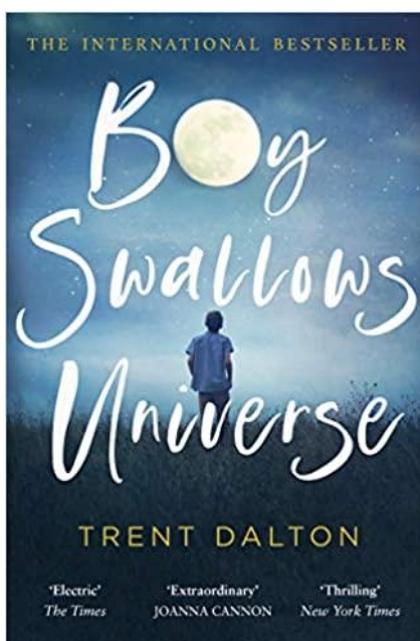
So, a little bit of homework for you while you're unable to go out and about. I was wondering if you'd share with us 'What You're Reading in Lockdown', or your favourite book/author that you'd like to recommend to others.

I've asked friends, family and colleagues to share with us what they're reading and it's quite a mix!

## What are people reading?

### Boy Swallows Universe

By Trent Dalton



#### THE INTERNATIONAL BESTSELLER

#### Australia, 1983

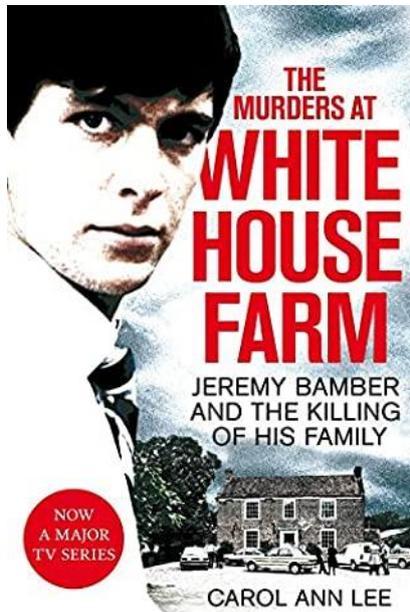
**Life is tough**, right now for twelve-year-old Eli, what with his mute brother, a convicted murderer for a babysitter, a drug-dealing stepfather, an incarcerated mother and a long-lost father. Surely it can't get any worse.

Think again. He's about to fall in love, break into prison and cross paths with one of the most notorious criminals Brisbane has ever seen.

A coming-of-age story like no other, *Boy Swallows Universe* is the most exhilarating novel you'll read all year.

## The Murders at White House Farm

By Carol Ann Lee



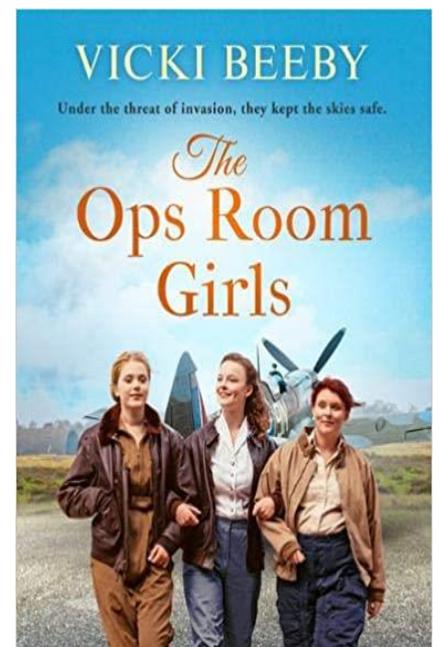
**On 7 August 1985**, Nevill and June Bamber, their daughter Sheila and her two young sons Nicholas and Daniel were discovered shot to death at White House Farm in Essex. The murder weapon was found on Sheila's body, a bible lay at her side. All the windows and doors of the farmhouse were secure, and the Bammers' son, 24-year-old Jeremy, had alerted police after apparently receiving a phone call from his father, who told him Sheila had 'gone berserk' with the gun. It seemed a straightforward case of murder-suicide, but a dramatic turn of events was to disprove the police's theory. In October 1986, Jeremy Bamber was convicted of killing his entire family in order to inherit his parents' substantial estates. He has always maintained his innocence.

*Drawing on interviews and correspondence with many of those closely connected to the events – including Jeremy Bamber – and a wealth of previously unpublished documentation, Carol Ann Lee brings astonishing clarity to a complex and emotive case. She describes the years of rising tension in the family that culminated in the murders and provides clear insight into the background of each individual and their relationships within the family unit.*

## The Ops Room Girls

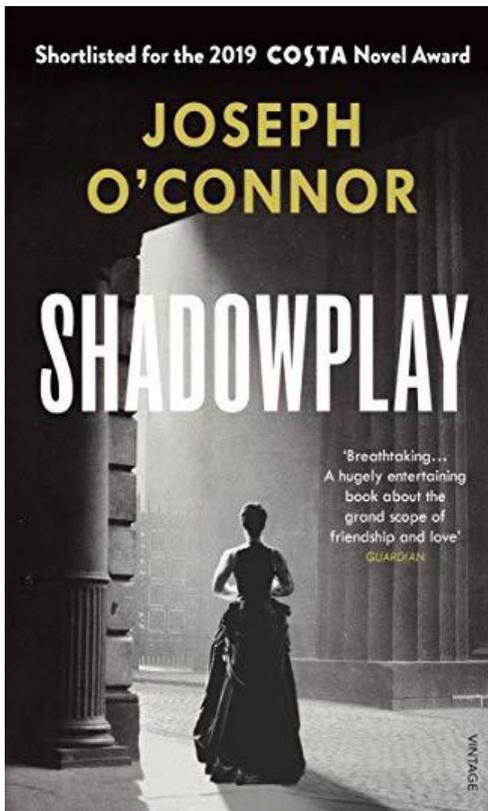
By Vicki Berry

**It is 1939** and working-class Evie Bishop has received a scholarship to study mathematics at Oxford when tragedy turns her life upside down. Evie must seek a new future for herself and inspired to contribute to the war effort, joins the Women's Auxiliary Air Force as an Ops Room plotter. Posted to a fighter station on the Sussex Coast, Evie befriends two other WAAFs - shy, awkward May and flirty, glamorous Jess. Faced with earning the approval of strict officers and finding their way in a male dominated world, the three girls band together to overcome challenges, navigate new romances and keep their pilots safe in the skies. But the German bombers seem to know more than they should about the base's operations, and soon Evie, May and Jess are caught up in a world more dangerous than they ever imagined.



## SHADOWPLAY

By Joseph O' Connor



### 1878, The Lyceum Theatre, London.

Three extraordinary people begin their life together, a life that will be full of drama, transformation, passionate and painful devotion to art and to one another. Henry Irving, the Chief, is the volcanic leading man and impresario

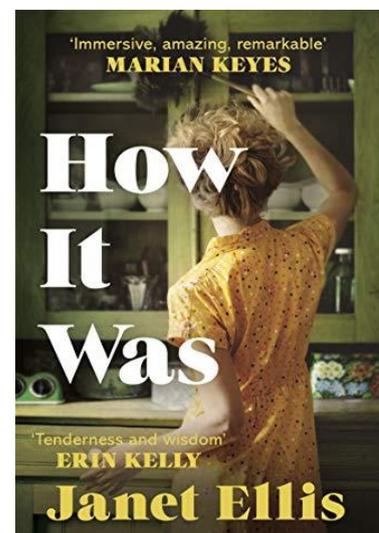
Ellen Terry is the most lauded and desired actress of her generation, outspoken and generous of heart; and ever following along behind them in the shadows is the unremarkable theatre manager, Bram Stoker.

Fresh from life in Dublin as a clerk, Bram may seem the least colourful of the trio, but he is wrestling with dark demons in a new city, in a new marriage, and with his own literary aspirations. As he walks the London streets at night, streets haunted by the Ripper and the gossip which swirls around his friend Oscar Wilde, he finds new inspiration.

## How It Was

By Janet Ellis

In a 1970s village in rural Kent, lives go on in an unremarkable way. But Marion Deacon, struggling with being a wife and mother, is about to set events in motion that she cannot control in a story of love, motherhood, betrayal, and long-hidden secrets - because everyone has at least one secret.



I hope these snippets help, if you'd like to tell us what you're reading we'd love to hear from you, and also if you've read any of the books recommended and what you thought of them. Please email [yourlibrary@knowsley.gov.uk](mailto:yourlibrary@knowsley.gov.uk) and we'll post your book recommendations.

## Do you know anyone who would benefit from Home Delivery Library Service?

Do you know anyone who doesn't want to or is unable to venture out at the moment, struggles to carry books, finds it difficult to get to their local library?

Just pass on our number and ask them to give us a call on **0151 443 3734**

We will deliver 5 books per month to their door.

**We're here to help 😊**



# Quiz: provided by Hilary, Library Assistant

## VALENTINES DAY – FAMOUS LOVERS

1. Scarlett O' Hara and
2. Tristan and
3. Pyramus and
4. Jean-Paul Sarte and
5. Cleopatra and
6. Lady Jane Grey and
7. Elizabeth Bennett and
8. Jane Eyre and
9. King Edward VIII and
10. Othello and

**I'll add the answers next month, good luck!**

## The answers to last week's teaser are as follows:

1. Samuel Pepys
2. India
3. Batista
4. 1999
5. Paul Revere
6. Portuguese
7. Ellis Island
8. The Tunnels of London
9. Commonwealth of Australia
10. Haiti



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## Recipe:

I'd like to share some easy to follow and lovely to eat recipes from family, friends, colleagues and some that I've come across.

This one is off the internet

### **Courgette & Lemon Risotto**



**Prep time:** 10minutes    **Cook:** 40 minutes    **Serves:** 2    **Easy**

## **INGREDIENTS**

- 50g butter
- 1 onion, finely chopped
- 1 large garlic clove, crushed
- 180g risotto rice
- 1 vegetable stock cube
- zest and juice 1 lemon
- 2 lemon thyme sprigs
- 250g courgette, diced
- 50g parmesan (or vegetarian alternative), grated
- 2 tbsp crème fraîche

## **METHOD**

### **STEP 1**

Melt the butter in a deep-frying pan.

Add the onion and fry gently until softened for about 8 mins, then add the garlic and stir for 1 min.

Stir in the rice to coat it in the buttery onions and garlic for 1-2 mins.

### **STEP 2**

Dissolve the stock cube in 1 litre of boiling water, then add a ladle of the stock to the rice, along with the lemon juice and thyme.

Bubble over a medium heat, stirring constantly.

When almost all the liquid has been absorbed, add another ladle of stock and keep stirring.

Tip in the courgette and keep adding the stock, stirring every now and then until the rice is just tender and creamy.

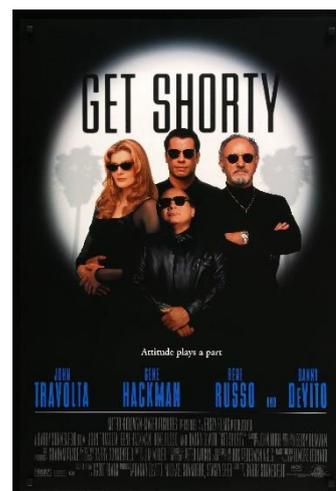
### **STEP 3**

To serve, stir in some seasoning, the lemon zest, Parmesan and crème fraîche

# Films of the Week:

## Monday: Get Shorty 9pm Sony Movies

Chili Palmer is a Miami mobster who gets sent by his boss, the psychopathic "Bones" Barboni, to collect a bad debt from Harry Zimm, a Hollywood producer who specializes in cheesy horror films. When Chili meets Harry's leading lady, the romantic sparks fly. After pitching his own life story as a movie idea, Chili learns that being a mobster and being a Hollywood producer really aren't all that different.



## Tuesday: Demolition Man 10.55pm ITV4

With innocent victims caught in the crossfire in Los Angeles' intensifying war on crime, both cop John Spartan and violent thug Simon Phoenix are sentenced to a state of frozen incarceration known as "CryoPrison." When Spartan is finally thawed 36 years later, it's 2032, and Los Angeles is now a pacifist utopia called San Angeles. But with Phoenix again on the loose, Spartan must team up with future cop Lenina to apprehend the killer.

## Wednesday: Roman J Israel, Esq 9pm Film4

Roman J. Israel (Denzel Washington) is an idealistic defense attorney whose life gets upended when his boss and mentor -- the legendary civil rights icon William Henry Jackson - - dies unexpectedly. He's then recruited to join a law firm led by George Pierce, an ambitious lawyer who was one of Jackson's former students. Israel's legacy of activism soon gets put to the test when he takes on the case of Langston Bailey, a young man accused of murdering a convenience store clerk.

## Thursday: Edie 9pm BBC4

After her controlling husband dies, an elderly woman embarks on a trip to fulfill her longtime dream of climbing a mountain in the Scottish Highlands.



## Friday: Stan & Ollie 8.25pm BBC1

Laurel and Hardy -- the world's greatest comedy team -- face an uncertain future as their golden era of Hollywood films remain long behind them. Diminished by age, the duo set out to reconnect with their adoring fans by touring variety halls in Britain in 1953. The shows become an instant hit, but Stan and Ollie can't quite shake the past as long-buried tension and Hardy's failing health start to threaten their precious partnership.

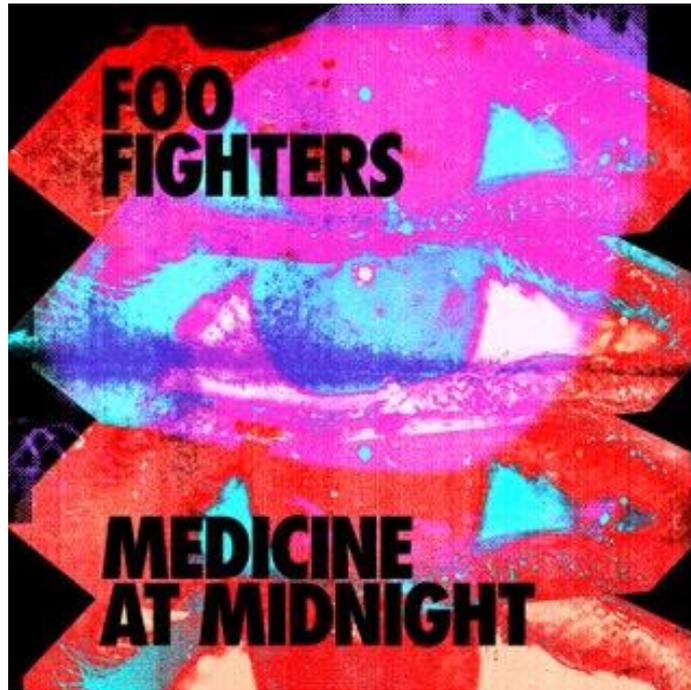
If you'd like to share your thoughts on any of the films, we'd love to hear from you. Drop us an email and let us know what you think!

[yourlibrary@knowsley.gov.uk](mailto:yourlibrary@knowsley.gov.uk)

## Album of the Week:

### **Medicine at Midnight by Foo Fighters recommended by Joe**

Probably not an album you'd expect from the Foo Fighters- which in this instance is a massive bonus. It's like a soundtrack to a summer we never had. Swapping their usual rock sound for a more pop oriented approach means this album feels fresh and fun. It's some of their best work.



[Foo Fighters - Making A Fire \(Live\) - YouTube](#)

If you'd like to share your thoughts on this album, we'd love to hear from you. Drop us an email and let us know what you think! [yourlibrary@knowsley.gov.uk](mailto:yourlibrary@knowsley.gov.uk)

## Podcast of the Week:

### Owning It: The Anxiety Podcast

From the number one non-fiction bestseller, comes Owning It: The Anxiety Podcast - with everything you need to hear to get on top of your anxiety. This practical and relaxed series explores everything from what anxiety is and why it happens to us, how our brains work and why it's actually very normal to the various tools and techniques necessary for owning it. Author Caroline Foran shares her story, along with some expert input, in an attempt to help you show your anxiety who's boss. Most importantly, this is a series that tackles the reality of anxiety from a refreshing and relatable perspective.



[Owning It: The Anxiety Podcast on Apple Podcasts](#)

# Something for the Kids:

## QUIZ

1. In which city was the TITANIC launched?
2. What is the name of Postman Pat's cat?
3. What is the first letter of the Greek alphabet?
4. Who was the youngest Beatle?
5. Who lives at number 4, Privet Drive?
6. In which year did the TITANIC sink?
7. How many legs do Butterflies have?
8. What is the Hardest substance in the Human Body?
9. What are Baby Goats called?
10. What is the name of the Piggy Bank in TOY STORY?

## QUIZ ANSWERS

How well did you do with last week's quiz? You can check to see how many you got correct, may be all ten! The answers are below for you to check

1. Spoonful of Sugar
2. Carrot, Pumpkin, Sweet Potato, Butternut Squash, Bell Pepper
3. Boo
4. Submarine
5. Spiderman
6. Green
7. Spain
8. Gold
9. Dog
10. Belle

We'll have another Quiz for you next week.

# CRAFT TIME

## How to make Paper Roses



To make the roses we used scrunch-dyed paper towel that the kids had made earlier. This is paper towel that's been hand-dyed with liquid watercolours in a "scrunch and dip" process. It's fun and easy to make as a process art activity on its own. You will need to dye the paper towel earlier to give it time to dry (I'd suggest making it the day before).



## **You will need:**

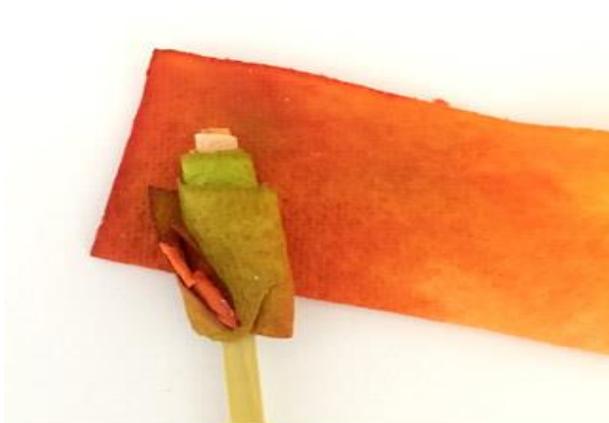
- Scrunch-dyed paper towel
- A long thin craft stick, chopstick or a straw
- Craft glue (although my daughter preferred to use sticky tape)
- Yarn in green

## **How to:**

1. Cut your paper towel in half
2. Fold one half, in half lengthwise
3. Fold the folded edge in halfway.
4. Apply a small amount of craft glue to the top edge of your stick and wrap the strip of paper towel around and around, gluing the end down
5. Fold your second half of paper towel in half lengthwise once
6. Glue one edge to the rose you have begun making, it will be slightly longer to give you room to cover the other piece
7. Wrap around and around, gradually moving the folded edge a little lower than the starting point
8. Glue the outer edge down, and if you like you can fold the outside edges of your 'petals' down a little to look like a rose
9. Where the base of the rose joins the craft stick, tie some yarn tightly and wrap around to cover the join.

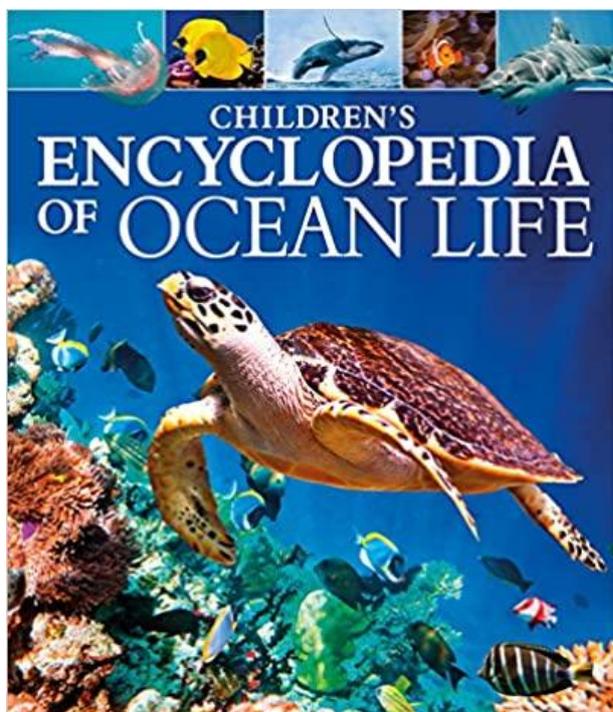
**Step by step Pictures below**

**Good Luck**



# BOOK RECOMMENDATIONS

## Children's ENCYCLOPEDIA of OCEAN LIFE



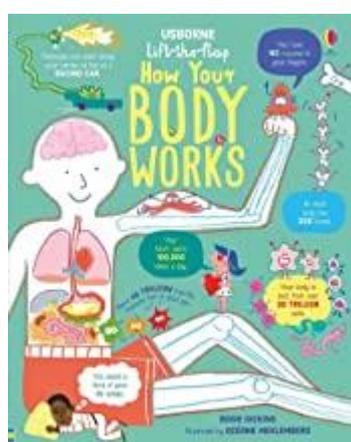
Full of fascinating facts and stunning sea life photography, this book covers everything from the ocean shores to deep sea creatures. Find out why octopuses release ink, why clownfish live in anemone tentacles and where can you find a Halloween crab.

Based on the latest research, this definitive guide to ocean life includes easy-to-follow information on anatomy and behaviour of sea creatures. It also includes fun fact-boxes, with information you wouldn't believe! Perfect for children working on a school project, or simply the ocean obsessed,

*the Children's Encyclopedia of Ocean Life is a brilliant guide for kids aged 8+.*

## How Your BODY WORKS

By Rosie Dickins

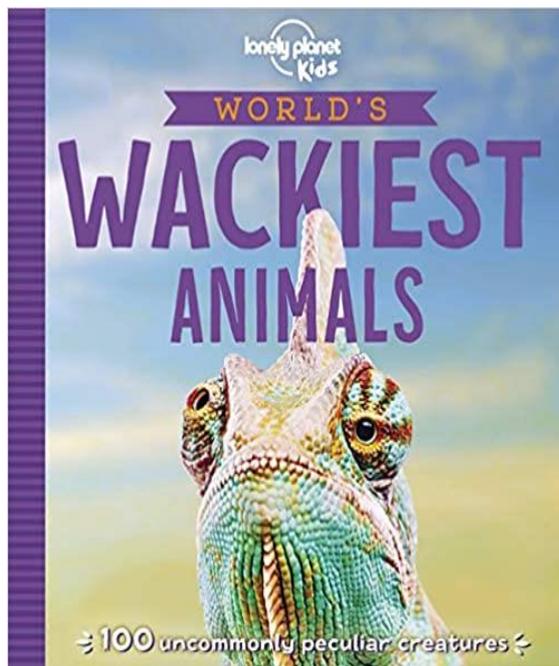


Lift the flaps to uncover the amazing inner workings of your very own body - from your bones, blood and brain to the bacteria in your belly button.

Discover what happens when you eat, how your senses work, what your heart and lungs do and lots more fascinating facts.

With links to specially selected websites for activities and videos about the human body.

## WORLD'S WACKIEST ANIMALS



From glass frogs and mole lizards to umbrella birds and fishing spiders, get ready to discover crazy creatures and rare species from every continent!

On land, you'll meet the egg-eating snake and satanic leaf-tailed gecko from Africa; the chinstrap penguin and narwhal from the Arctic Circle; the Bornean bearded pig and snub-nosed monkey from Asia; the frilled dragon and superb bird-of-paradise from Australia; the hoopoe and Etruscan shrew from Europe; the ghost-faced bat and magnificent frigate bird from North America; the Brazilian horned frog and red-lipped batfish from South America; and lots more!

Then plunge into the dark depths of the oceans to meet the hairy frogfish, immortal jellyfish, crown-of-thorns starfish, and the mimic octopus.

Who will you crown the world's wackiest?



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