

Knowsley Libraries Big Lock In

Hi All

While we're all still having to adjust and **stay safe** at this worrying time we thought we'd bring you another issue of **Knowsley Libraries Big Lock In**. Lots of us are missing our family, friends and especially going out to our favourite places like the Library ☺ We decided that we'd put together this little newsletter with lots of bits and bobs in such as recipes, book recommendations, and we've even included a quiz to help ease the boredom.

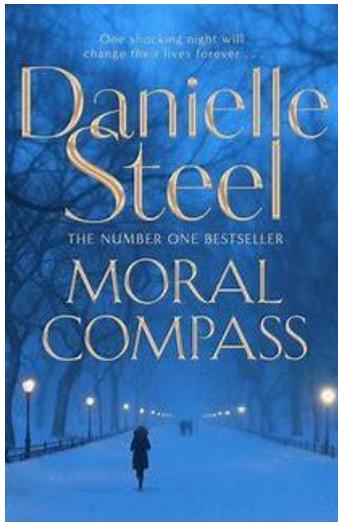
So, a little bit of homework for you while you're unable to go out and about. I was wondering if you'd share with us 'What You're Reading in Lockdown', or your favourite book/author that you'd like to recommend to others.

I've asked friends, family and colleague's to share with us what they're reading and it's quite a mix!

What are people reading?

Review by Michelle Library Advisor

Danielle Steel – Moral Compass



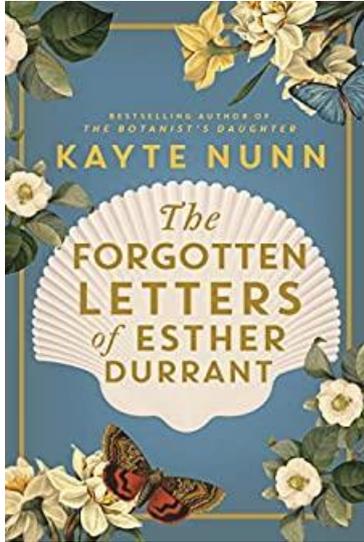
It's been a long time since I've read a Danielle Steel Novel, but when it came into the Library the title caught my eye so had to read the blurb to see what it was about, safe to say I brought it home and read it in a few sittings.

The story is set in an elite prep school in America that had been all boys' school but had just started to enrol girls and even though the pupils mostly come from privileged backgrounds, they still suffer with family problems, insecurities and the usual things that most teenagers go through. Though there had been some misgivings about the pitfalls that come when boys and girls mix the term gets off to a good start and everyone starts to settle in with the girls not being too much of a distraction.

The school decides to hold a Halloween party which goes dreadfully wrong and one of the female students is found unconscious after being attacked. A small group of boys know what happened but decide to close ranks and lie for each other in a misguided attempt to support one another. But as time goes on and the police become involved and are trying to get to the truth, then the incident gets out to the media, the story tells how each boy, their families and more importantly the girl involved react to what has happened.

Basically the difference between what is right and wrong, their own values and morals will come into question and how each of them has different levels of this, even the parents with some having a sense of entitlement and money can buy you anything attitude.

I enjoyed the story, the subject matter is was not too heavy a read and not graphic in any way.



Review by Sandra Montgomery, Library Member

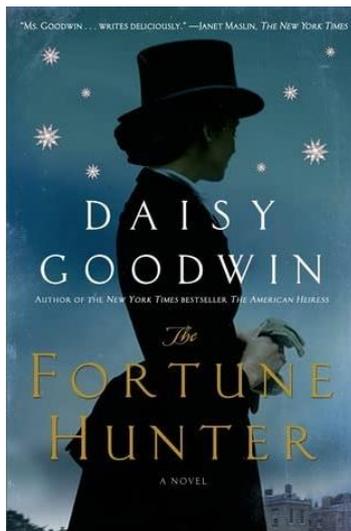
The Forgotten Letters of Esther Durrant by Kayte Nunn

I am reading book called The Forgotten Letters of Esther Durrant, it's brilliant. Three different characters up to now, sure the ending will be brilliant. I have also recently read and really enjoyed another book by the same author called The Botanist Daughter.

I loved reading Enid Blytons Enchanted Wood, so much so my son bought me a hardback version for Christmas 2019. It's a wonderful story for any age group. Hope to see everyone in Prescott Library Soon. Sandra Montgomery.

Review by Michele, Casual Library Assistant

The Fortune Hunter by Daisy Goodwin



This is my favourite Lockdown read so far. I got this book at Althorp Literary Festival in June 2016. I listened to Daisy Goodwin tell the true story of Captain Bay Middleton, Charlotte Baird - the heiress to the Lennox Fortune and Sisi, the Empress of Austria - the Lady Diana of her day.

At the end of Daisy's story someone in the audience put their hand up and said that they were related to Bay and had brought his ring along. Everyone in the audience got a chance to hold the ring and examine it. It was very heavy and had a brown stone set in gold.

Bay was the best horseman of his time. He looked after the horses for the 5th Earl Spencer at Althorp so hearing all this, sitting in one of Althorp's dining rooms and with the current Earl Spencer sitting two seats away from me, certainly brought this story to life.

Kate Middleton is also thought to be a descendent of Bay and maybe also of Sisi, but the genealogy is still being researched.

This 19th century story starts at Althorp, in Northamptonshire as Elizabeth, the Empress of Austria is due to come to the Spencer Hunt. Earl Spencer asks Bay to pilot the Empress

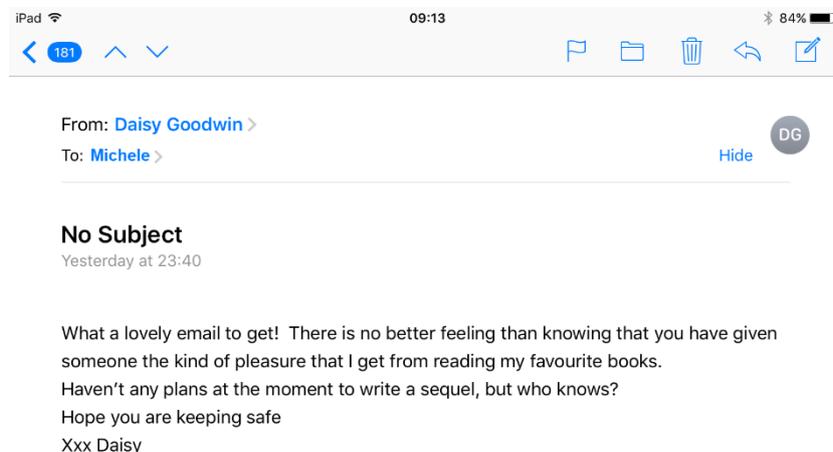
during her stay at Althorp which he is not keen to do but eventually relents. Bay is courting Charlotte Baird and Daisy Goodwin cleverly brings her into the story as a photographer. The story weaves the characters together and in the sumptuous upper class world of the great country houses of Althorp and East Neston reckless behaviour becomes the order of the day! Charlotte's brother Fred is about to be married to Augusta, who is a thorn in Charlotte's side and continually tries to rein her in. Bay hasn't any money of his own so he is thought to be unsuitable for Charlotte.

Sisi, is a grandmother but so far happiness has evaded her and when the good looking heartthrob Bay is sent as her pilot for the hunt, the reckless behaviour begins. The story is plotted around events such as the Spencer Hunt, the meeting between Queen Victoria and Sisi, an exhibition of photographs which feature amongst others, Charlotte's photographs and includes one of Bay and Sisi that should not have been exhibited, resulting in a great scandal!

So who is Bay going to choose - the inaccessible Sisi, whom he is besotted with or Charlotte, his true love? Well, we have to travel to Liverpool, stay at the Aldelphi, which has just opened and travel by carriage to the Grand National in Aintree to watch Bay ride his grey mare, Topsy. Will he win?

What happens at the landing stage at Liverpool, one night as a ship to America is being loaded with Charlotte's belongings? You will have to read the book to find out!

After lockdown, pick up a paperback copy from Knowsley library for a fascinating read. There are several copies available. It was so good that I restricted myself to a chapter at a time, allowing myself to savour all the plot twists and the upper class world that envelops you.



Michele would like to share with you all the email she received from Daisy Goodwin

I hope these snippets help, if you'd like to tell us what you're reading we'd love to hear from you, and also if you've read any of the books recommended and what you thought of them. Please email yourlibrary@knowsley.gov.uk and we'll post your book recommendations.

Lockdown Quiz:

As we have all been spending so much more time listening to music, let's test your memory.

Lockdown Music Quiz – courtesy of: Frank, Stock Supervisor

1. Which 70s classic album featured the tracks: So Far Away, I Feel the Earth Move and You've Got a Friend?
2. What was the big, breakthrough hit from Free's album Fire and Water?
3. Roxanne by the Police was re-imagined in which 2001 film directed by Baz Luhrmann?
4. Which classic 80s album featured the tracks: Sound of the crowd; Love Action (I believe in love) and Open Your Heart?
5. Who had hits with the songs: Go West; It's a Sin and West End Girls?
6. Which song features the lyric: How could you leave me, when I needed to possess you? I hated you, I loved you too.
7. Who was Lost in France in 76?
8. Who had hits with the songs: 2000 Miles, I go to Sleep and Talk of the Town?
9. Which song features the lyric: And you might find yourself behind the wheel of a large automobile?
10. Who embarked on a solo career in '92 with her album Diva?

I'll add the answers next week, good luck!

The answers to last week's teaser are as follows

1. Hilary Mantel
2. Poldark
3. Kiefer Sutherland
4. The Killing
5. The West Wing
6. Cold Feet
7. Baltimore
8. Breaking Bad
9. James Gandolfini
10. Line of Duty

Recipe of the Week:

I'd like to share some easy to follow and lovely to eat recipes from family, friends and colleagues.

This one is from: **Dave, Librarian: Customer Services**

Alternative to Sunday roast

Beef and Bean Hotpot Bake

Serves 3

What you will need:

400g diced lean beef

1 tbsp of plain white flour

3 carrots

2 onions or half a dozen shallots

3/4 potatoes

Tin of beans

Beef stock cubes x 3 made up to approx 500ml

1 beef stock pot

1 tsp mixed herbs

1 tsp chive flakes

Half tsp paprika

1 tsp onion granules

2 tbsp onion/beef gravy granules

2 bay leaves

1 tbsp Worcester sauce

Black pepper



Method

Place beef in casserole dish & coat in flour

Roughly chop carrots & chop onions/shallots, mix with beef Add stock pot & beans, Worcestershire sauce, bay leaves, herbs, onion granules, chive flakes, gravy granules, paprika, and black pepper to taste



Pour in stock, and mix thoroughly

Peel and slice potatoes, and lay in an overlapping "fish scale" pattern on top of the mixture, saving the small end slices to fill any gaps

Grind some black pepper and sprinkle some mixed herbs on top of potatoes



Loosely cover with foil and place in preheated oven at 180°C (fan) for 2.5 to 3 hours

Remove foil for final half hour to crisp up potatoes

Enjoy with some crusty bread

Another Quick and easy Recipe, this time it's a dessert.

Aimee, Library Assistant

(Very easy) Eton Mess

This is my favourite dessert to make. I've always loved ordering Eton mess while I'm out in cafes and restaurants, and now I've come up with a very easy way to make it at home. ☺

Ingredients (serves 2-4)

A punnet of strawberries

300ml of double cream

4 meringue nests

A pinch of sugar

Method

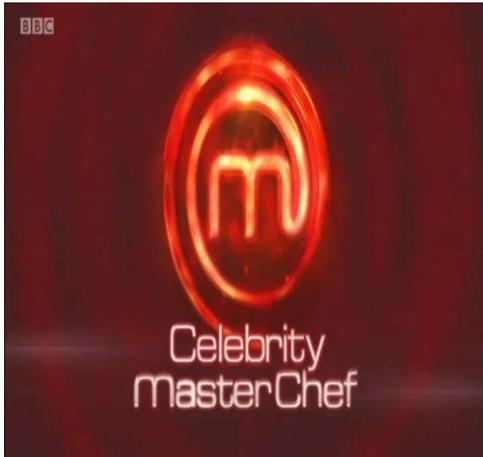
- Wash the strawberries and place them in a large bowl or jug
- Cut the tops off the strawberries and put them to one side
- Slice up the strawberries and add a pinch of sugar
- Gather the strawberry tops in your fist and squeeze the juice into your bowl
- Set the bowl to one side for 5 minutes to let the strawberries soften
- Pour the cream into a clean mixing bowl and whip into soft peaks
- Crush one of the meringue nests into a dessert bowl
- Add a couple of tablespoons of cream and a couple of tablespoons of the strawberries.
- Do the same again, adding layers of crushed meringue, cream and strawberries
- Repeat till all your ingredients have been used.

Grab a spoon and ENJOY ☺



For all those foodies out there you'll be pleased to hear that Celebrity MasterChef is back soon. Love this although it doesn't improve my cooking, ask the family ☺

<https://tellymix.co.uk/reality-tv/443723-celebrity-masterchef-2020-line-up-of-celebrity-contestants-revealed.html>



[Celebrity MasterChef 2020 line up of celebrity contestants revealed | Reality TV | TellyMix](#)

Celebrity MasterChef 2020 - the 15th series so far - will start on TV on BBC One this summer with an exact start date to be confirmed. The show will once again be hosted by Gregg Wallace and John ...

tellymix.co.uk



[Coronavirus: How to make your own face mask - BBC News](#)

People in England, Scotland and Northern Ireland are now being advised to wear face coverings while at the shops or on public transport to help limit the spread of coronavirus. While medical face ...

www.bbc.co.uk

St Paul's Cathedral in London has set up an online book of remembrance for those who have sadly died from Covid-19 during the current pandemic. The book is intended for people of all faiths and none to remember their loved ones by uploading a photo of them.

<https://www.rememberme2020.uk/>

[Remember Me - A COVID-19 Memorial Page](#)

St Paul's Cathedral memorial site for those who have died as a result of the COVID-19 pandemic in the UK. An enduring space for all people to share in grief and compassion as we work in hope for the future.

www.rememberme2020.uk

<https://www.pharmacy2u.co.uk/news/5-easy-chair-exercises/>



[5 easy chair exercises - Pharmacy2U News](#)

Want to build your strength and fitness levels? If you have mobility issues, this five-point chair exercise routine from our partner The British Heart Foundation is an excellent place to start. Whether you're a wheelchair user or just spend a lot of time sitting down, the right moves will let you warm up and build ...

www.pharmacy2u.co.uk

During the lockdown the BBC is running an experiment to let groups of family, friends and classmates watch video and listen to audio at exactly the same time, from different locations, in order to get the experience of group participation even when apart.

<https://www.bbc.co.uk/mediacentre/latestnews/2020/bbc-together>

[BBC - BBC R&D experiment offers viewers new way to watch and listen to BBC programmes together - Media Centre](#)

Family, friends, and classmates can now watch and listen to BBC programmes together even when they're apart, with BBC Together, a new experiment from BBC Research & Development.

www.bbc.co.uk

Meet the Staff: What are we doing during Lockdown?



Hi! My name is Jill, I work as a library Assistant. Based at Prescott Library.

The job is very varied and interesting. I meet lots of folks and have lots of different duties to do.

I facilitate the Adult Craft and Reading Groups. In these strange Lockdown times I have created a WhatsApp group with the reading Group. It has been a lot of fun as well as being supportive for each other. We have discussed books, reviewed books, talked about the favourite children's books and we have also been doing quizzes. It is so wonderful we have the technology to do this. We would be very isolated without it.

As I can't do my usual job I have been retrained and redeployed to another department in the council. Along with a lot of the library staff I am working from home on the coronavirus helpline. The line has been set up to help people at this difficult time. A lot of people have been badly affected by the virus and need extra support. Any questions or help people need they can ring us up. It helps people who are isolated and especially those unable to get out for shopping or prescriptions.

The rest of the time I have found lots of jobs and hobbies to occupy me. I have got plenty of time for reading; crocheting; baking and gardening. As the lockdown restrictions have eased a little I can see friends and family, with social distancing and in small groups. This has made a tremendous difference, it's so lovely to actually see friends and family again.

Lockdown has certainly made us appreciate everyday things we previously took for granted.

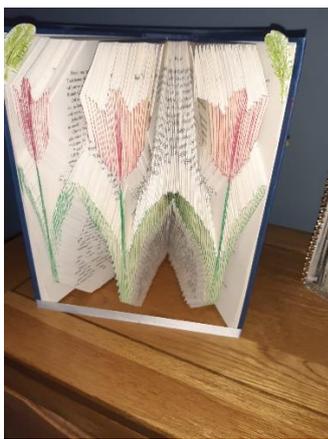
Even though the libraries are closed some of our groups are still managing to continue creating beautiful items such as the book folding group. The pictures below are some of the things that the Stockbridge group have been producing whilst in lock down

Yvonne, Library Advisor

These photos have been sent in from the Stockbridge library book folding group, which I run. They meet every Thursday and have been coming regularly for about two years. Everyone has gone from strength to strength, they have made big improvements over time. They also enjoy the social aspect of the group and enjoy seeing each other regularly and swapping ideas, it gives them and me something to look forward to each week, plus they enjoy a good gossip and putting the world to rights!

The pictures of the Teapot, Tulip Flowers and Liverpool Football Club emblem are by Pat Williams, and Pat said "It helped my confidence, meeting new people and learning a new skill you never thought you could do, it helped keeping me calm and focussed and being with like-minded people"

The pictures of the Praying hands, Mandala, and All Seeing Eye Pyramid are by SJ Brit Rima and she said "Book Folding is not just an art but a therapy, struggling with mental health issues and anxiety has helped focussing the mind on something positive and creative, plus it's nice bringing old unwanted books back to life again."



Upcoming Famous Birthdays in June



Judy Garland

Judy Garland (born Frances Ethel Gumm) was born on the 10th of June 1922 and would have been 98 this year. She was an American actress, singer and dancer.

She had a career that spanned over 45 years and starred in more than two dozen films for MGM and is best remembered for her portrayal of Dorothy Gale in *The Wizard of Oz* (1939).



She also made record-breaking concert appearances, released eight studio albums and hosted her own Emmy-nominated television series, *The Judy Garland Show* (1963-1964).

To read more about Judy Garland click here www.biography.com/actor/judy-garland

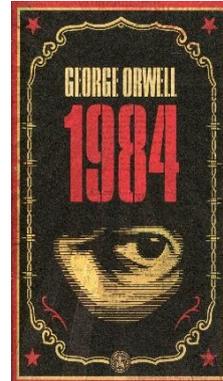
ALSO BORN IN JUNE

GEORGE ORWELL

Did you know on the 25th of June it would have been George Orwell's 117th Birthday!

George Orwell (born Eric Arthur Blair) was an English novelist, journalist and critic.

He's best known for the novella Animal farm (1945) and the dystopian novel Nineteen Eighty-Four (1949).



Some well-known phrases actually come from George Orwell, such as Big Brother, Police State and Room 101.

To read more about George Orwell click https://en.wikipedia.org/wiki/George_Orwell

Coming in June.....

Pride month



Every year, during the month of June, the LGBT community celebrates pride in a number of ways. Across the globe various events are held to recognise the influence LGBT people have had around the world.

Parades are an important feature of pride month, there are parties, community events, poetry readings and public speaking.

Click the link to find out more https://en.wikipedia.org/wiki/Gay_pride

If you'd like to find out what other events are happening in June click www.awarenessdays.com

It is the 10th anniversary of the Tickle the Ivories event run by Liverpool One. This year, because of the lockdown, they are inviting people to share videos of themselves playing the piano at home.

<https://www.liverpool-one.com/events/tickle-the-ivories/>



[Tickle the Ivories at Home - Liverpool ONE](#)

Established and budding musicians are invited to share videos to take part in Tickle the Ivories from home. This year marks the 10 th anniversary of our much-loved piano busking festival – Tickle the Ivories. Every year, we proudly provide and maintain pianos across our shopping areas for budding musicians and professionals alike to play in the open air, bringing hours upon hours of ...

www.liverpool-one.com

Whilst we're **staying safe** some of us are having a break from reading by listening to music, watching TV and a whole host of other activities. Here are some recommendations:

Album of the Week:

Better Love by Delta Maid Joe

Not technically an album this week, instead a collection of three singles by Liverpool singer songwriter Delta Maid. She makes a welcome return to the music scene after a nine year hiatus with these three brilliant tracks.

Her voice is guaranteed to make you stop what you're doing and listen.

'Better Love'- <https://www.youtube.com/watch?v=m6IyD8RHJaw>

'Alchemy'- <https://www.youtube.com/watch?v=3XqTnQKR2Ps>'You Better Run'
<https://www.youtube.com/watch?v=flcORg7SUuQ>

If you want to know a little more about Delta Maid:

<https://www.famemagazine.co.uk/getting-to-know-delta-maid/>



If you'd like to share your thoughts on this album, we'd love to hear from you. Drop us an email and let us know what you think! yourlibrary@knowsley.gov.uk

Films of the Week:

Monday: Groundhog Day

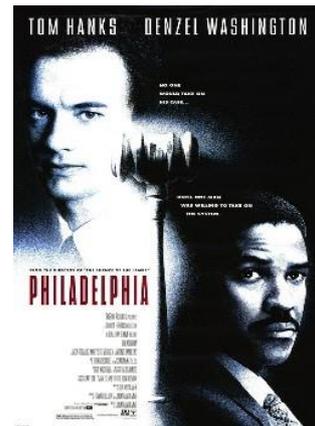
6.55pm Sony Movies (Freeview 32, Freesat 302, Sky 321, Virgin 425)

Billy Murray stars as Phil, a self-centred weatherman who goes to the town of Punxsutawney for an assignment. He is later shocked when he wakes up the next morning and realises that he is reliving the same day over and over.

Tuesday: Philadelphia

9pm Sony Movies Classic (Freeview 50, Freesat 303, Sky 319, Virgin 424)

A young Philadelphia lawyer who is battling AIDS keeps his homosexuality hidden from his employers. When he is suddenly dismissed, he hires a homophobic lawyer for a wrongful dismissal suit. Tom Hanks and Denzel Washington star.



Wednesday: Gemma Boverly

11.15pm Film4 (Freeview 14, Freesat 300, Sky 313, Virgin 428)

An Englishwoman goes to live in the French village that was the setting for Flaubert's novel Madame Bovary. As her marriage begins to fall apart, she begins to see parallels between herself and the book's heroine, and finds herself at a crossroads in her life when an old flame reappears. Based on the graphic novel by Posy Simmonds, Gemma Arterton stars.

Thursday: Newsies: The Broadway Musical

1pm BBC Two

A performance of the musical filmed at the Pantages Theatre, Hollywood. Set in New York City at the turn of the 20th century, the story follows Jack Kelly, a charismatic newsboy and leader of a ragged band of teenage 'newsies', who dream of a better life far from the hardship of the streets. Starring the original Broadway cast.



Friday: Anchorman 2: The Legend Continues
9pm E4 (Freeview 13, Freesat 122, Sky 135, Virgin 106)

Arrogant newsreader Ron Burgundy's career is rescued from a drunken slump by an executive for a new 24-hour news channel. Reassembling his team of sidekicks, he swiftly rises from the network's graveyard to become its biggest star with a run of ludicrously sensationalist broadcasts. Will Ferrell stars.

If you'd like to share your thoughts on any of the films, we'd love to hear from you. Drop us an email and let us know what you think! yourlibrary@knowsley.gov.uk

Something for the Kids:

If you've missed Joe Wicks exercising in the morning you can catch up with him here <https://www.youtube.com/user/thebodycoach1/videos>

He's keeping kids fit and healthy and lots of the parents are joining in too, looks like lots of fun.



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<https://yourlibrary.knowsley.gov.uk/>

SITES TO TRY FOR THE KIDS

The Tate Gallery has a brilliant site for children who love drawing, painting, making things and all things arty. It is full of information about different art movements, artists, craft ideas and digital art. You can do a digital masterpiece and submit it to the global gallery.

<https://www.tate.org.uk/kids>



[Tate Kids](#)

Tate Kids: play free art games and fun quizzes, find art activities, read about artists and share your art. The best art website for kids.

www.tate.org.uk

<https://www.liverpool-one.com/dinosaurs-unleashed>



[Dinosaurs Unleashed - Play at Home - Liverpool ONE](#)

Scan the markers around the Liverpool ONE website with the app to play... the first few markers and the all-important Battle Arena can be found on this page. Download the app for Android, or download for iPhone. HATCH A DINOSAUR. Scan the image above. Alternatively, download and print this Marker.

www.liverpool-one.com

<https://www.liverpoolmuseums.org.uk/virtual-tours>



[Virtual tours | National Museums Liverpool](#)

Explore virtual 3D tours of galleries and exhibitions at National Museums Liverpool.

www.liverpoolmuseums.org.uk

QUIZ ANSWERS

How well did you do with last week's quiz? You can check to see how many you got correct, may be all ten! The answers are below for you to check

1. Bucket
2. James and The Giant Peach
3. Greendale
4. James and Lily
5. Sherwood
6. Sleeping Beauty
7. Georgie Porgie
8. TARDIS
9. Mouse
10. Hook

We'll have another Quiz for you next week.

Keep Reading 😊