

Knowsley Libraries Big Lock In

Hi All

While we're all still having to adjust and **stay safe** at this worrying time, we thought we'd bring you another issue of **Knowsley Libraries Big Lock In**. Lots of us are missing our family, friends and especially going out to our favourite places like the Library ☺ We decided that we'd put together this little newsletter with lots of bits and bobs in such as recipes, book recommendations, and we've even included a quiz to help ease the boredom.

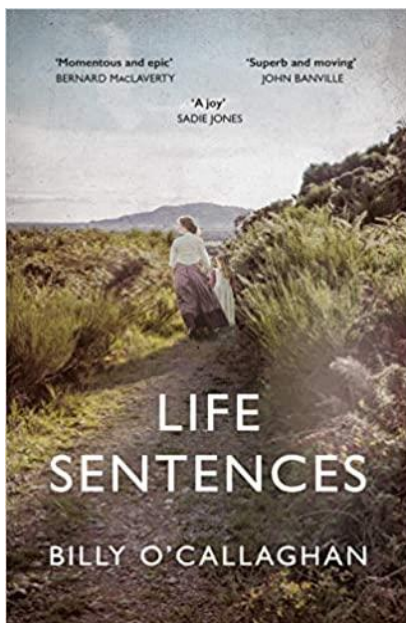
So, a little bit of homework for you while you're unable to go out and about. I was wondering if you'd share with us 'What You're Reading in Lockdown', or your favourite book/author that you'd like to recommend to others.

I've asked friends, family and colleagues to share with us what they're reading and it's quite a mix!

What are people reading?

LIFE SENTENCES

By Billy O' Callaghan

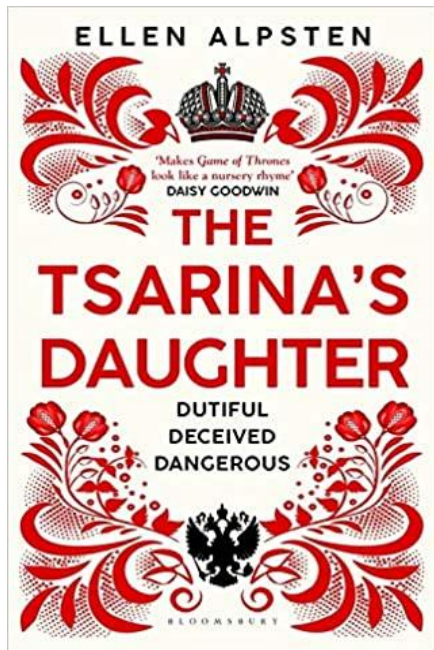


At 16 Nancy leaves her small island for the mainland, the only member of her family to survive the Great Famine. Finding work in a grand house on the edge of Cork City, she feels irrepressibly drawn to the charismatic gardener Michael Egan, sparking a love affair that soon throws her into a fight for her life. In 1920, Nancy's son Jer has lived through battles of his own as a soldier in the Great War. Now drunk in a jail cell, he struggles to piece together where he has come from, and who he wants to be. And in the early 1980s, Jer's youngest child Nellie is nearing the end of her life in a council house, moments away from her childhood home; remembering the night when she and her family stole back something that was rightfully theirs, she imagines what lies in store for those who will survive her.

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THE TSARINA'S DAUGHTER

By Ellen Alpsten

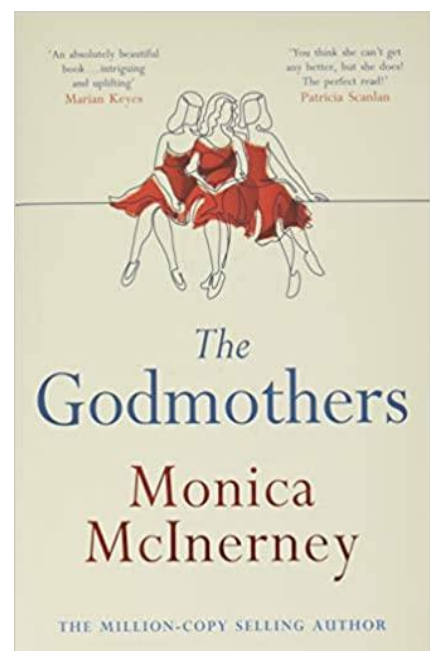


Born into the House of Romanov to the all-powerful Peter the Great and Catherine I, beautiful Tsarevna Elizabeth is the world's loveliest Princess and the envy of the Russian empire. Insulated by luxury and as a woman free from the burden of statecraft, Elizabeth is seemingly born to pursue her passions. However, when her mother dies; Russia is torn, masks fall, and friends become foes. Elizabeth's idyllic world is upended. By her twenties she is penniless and powerless, living under constant threat. As times change like quicksand, Elizabeth must decide whether she is willing to take up her role as Russia's ruler, and what she's willing to do for her country.

The Godmother's

By Monica McInerney

Eliza Miller grew up in Australia as the only daughter of a troubled young mother, but with the constant support of her 2 watchful godmothers, Olivia and Maxie. Despite her tricky childhood, she always felt loved and secure. Until, just before her 18th birthday, a tragic event changed her life. 13 years on, Eliza is deliberately living as safely as possible, avoiding close relationships and devoting herself to her job. Out of the blue, an enticing invitation from her godmothers, now both based in the UK, prompts a leap into the unknown. Within a fortnight, Eliza has swapped her predictable routine in Melbourne, for life in the middle of a complicated family in Edinburgh. She finds herself not only hopeful about the future, but ready to explore her past. Her godmothers have long been waiting for her to ask about her mother's mysterious life - and about the identity of the father she has never known.

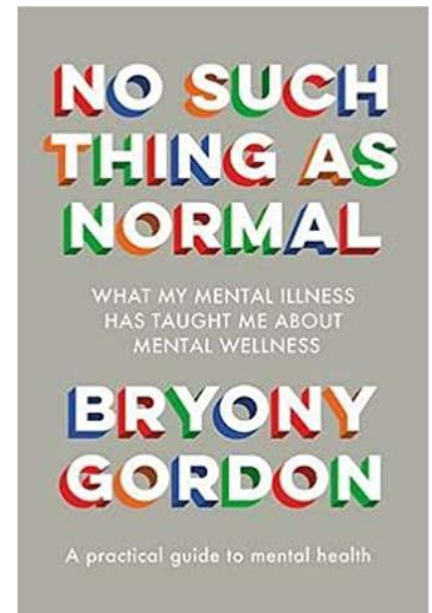


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NO SUCH THING AS NORMAL

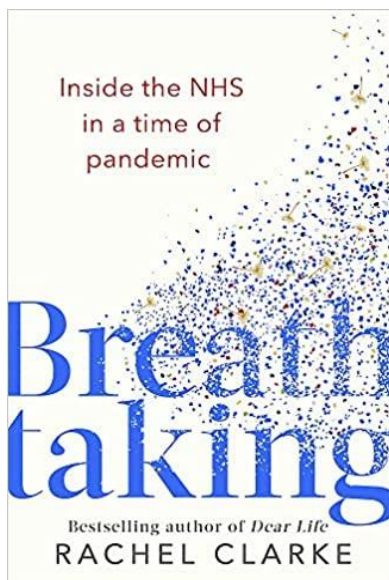
By Bryony Gordon

From depression and anxiety to personality disorders, one in four of us experience mental health issues every year and, in these strange and unsettling times, more of us than ever are struggling to cope. Bryony Gordon offers sensible, practical advice, covering subjects such as sleep, addiction, worry, medication, self-image, boundary setting, therapy, learned behaviour, mindfulness and, of course - as the founder of Mental Health Mates - the power of walking and talking. She also strives to equip those in need of help with tools and information to get the best out of a poorly funded system that can be both frightening and overwhelming. The result is a lively, honest and direct guide to mental health that cuts through the Instagram-wellness bubble to talk about how each of us can feel stronger, better and just a little bit less alone.



Breath Taking

By Rachel Clarke



How does it feel to confront a pandemic from the inside, one patient at a time? To bridge the gulf between a perilously unwell patient in quarantine and their distraught family outside? To be uncertain whether the protective equipment you wear fits the science or the size of the government stockpile? To strive your utmost to maintain your humanity even while barricaded behind visors and masks? Rachel is a palliative care doctor who cared for the most gravely unwell patients on the Covid-19 wards of her hospital. Amid the tensions, fatigue, and rising death toll, she witnessed the courage of patients and NHS staff alike in conditions of unprecedented adversity. Her book, 'Breathtaking', is an unflinching insider's account of medicine in the time of coronavirus.

I hope these snippets help, if you'd like to tell us what you're reading we'd love to hear from you, and also if you've read any of the books recommended and what you thought of them. Please email yourlibrary@knowsley.gov.uk and we'll post your book recommendations.

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Do you know anyone who would benefit from Home Delivery Library Service?

Do you know anyone who doesn't want to or is unable to venture out at the moment, struggles to carry books, finds it difficult to get to their local library?

Just pass on our number and ask them to give us a call on **0151 443 3734**

We will deliver 5 books per month to their door.

We're here to help 😊



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Quiz: provided by Hilary, Library Assistant

WORD LINKS

The objective is to find a word that can be joined in some way (before or after) to each of the clue words to form new words or phrases.

- | | | |
|-------------|----------|--------|
| • Pine | Crab | Pie |
| • Norman | Way | Bishop |
| • Movie | Bell | Moon |
| • Funny | Fracture | China |
| • Dandelion | Wise | Face |
| • Market | Wealth | Law |
| • Hover | Horse | Spray |
| • Privet | Hog | Fund |
| • Ski | Black | Set |
| • Band | Plant | Stamp |

I'll add the answers next week, good luck!

[Type here]

The answers to last week's teaser are as follows:

1. March 15th
2. Lamb
3. An 'Iron Curtain' (he was speaking in Fulton, Missouri)
4. St. David (Wales)
5. Little Women (Louisa May Alcott)
6. Alice's Adventures in Wonderland (by Lewis Carroll)
7. Fredric March
8. Aquamarine or Bloodstone
9. Emily Dickinson
10. 17th March

HOW DID YOU DO??

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Recipe:

I'd like to share some easy to follow and lovely to eat recipes from family, friends, colleagues, and some that I've come across.

This one is from **Lee**

CHICKEN KIEV



INGREDIENTS

- 100g softened butter
- 3 tbs finely chopped flat leaf parsley
- 2 garlic cloves, grated
- 1 tsp salt
- ½ tsp cayenne pepper
- 2 large skinless chicken breasts
- 150g plain flour
- 2 large eggs, beaten
- 150g fine panko breadcrumbs
- Vegetable oil or groundnut oil for cooking
- Flaky sea salt

Prep time: about 15 minutes

Cook: 10-15 minutes

Serves: 2 **Easy**

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METHOD

- In a bowl, beat together the butter, parsley, garlic, salt and cayenne pepper with a spoon.
- Set aside for later but do not refrigerate.
- Take the chicken breasts and using a sharp, thin knife make a small hole at the fattest end, then push the knife into the middle of the breast, trying not to cut all the way through.
- Keep working the knife around to form a large enough opening to get the butter in.
- With a small spoon, fill each of the chicken breasts with as much butter as you can get in the hole.
- Dust the chicken breasts with the flour, then dip them into the beaten eggs
- Finally roll them around the panko breadcrumbs.
- Place the chicken on a plate, cover and refrigerate for at least 20 minutes or until needed.
- Preheat the oven to 200c/gas mark 6.
- Warm a little oil in a large non-stick frying pan over a low to medium heat.
- Place the Kiev's in the pan and colour gently for 3-4 minutes on each side.
- When they have taken on a lovely golden colour, sprinkle them with a pinch of flaky sea salt
- place on an oven tray and roast for 10-15 minutes until they are cooked through.
- Serve with chips or a salad.

Something for the Kids:

QUIZ

1. Who wrote the Famous Five books?
2. What is the name of Horrid Henry's brother?
3. How many Teletubbies are there?
4. Who is the author of Diary of a Wimpy Kid?
5. What type of dog is Hairy Maclary?
6. What animal is the character in Charlotte's web?
7. Where does Peter Pan live?
8. Who is Tracy Beaker's arch-enemy?
9. What is the first food eaten by the Hungry Caterpillar?
10. Where did Jacqueline Wilson's character Hetty Feather live before she joined the circus?

QUIZ ANSWERS

How well did you do with last week's quiz? You can check to see how many you got correct, maybe all ten! The answers are below for you to check

1. William Shakespeare
2. Hedwig
3. Robin
4. Paris
5. Three
6. Australia
7. A Geologist
8. The Invisible cloak
9. Bamboo
10. The Titanic

We'll have another Quiz for you next week.

[Type here]

CRAFT TIME

This is a craft that I have seen on the internet and thought it is so simple and green that I wanted to share with you.

Dog Chew Toy



You will need

- Scrap fabric
- Scissors

[Type here]

How To:

Cut the fabric into long strips. You choose the size, the longer the strip the bigger the toy. Minimum size 10cm x 50cm



Trim the top and bottom neatly

Roll the strips into sausage shapes



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Tie them securely at the top



Plait the three strips



When you are near the bottom leave some strips unplaited, you can tie securely

Trim the ends to tidy the toy up.

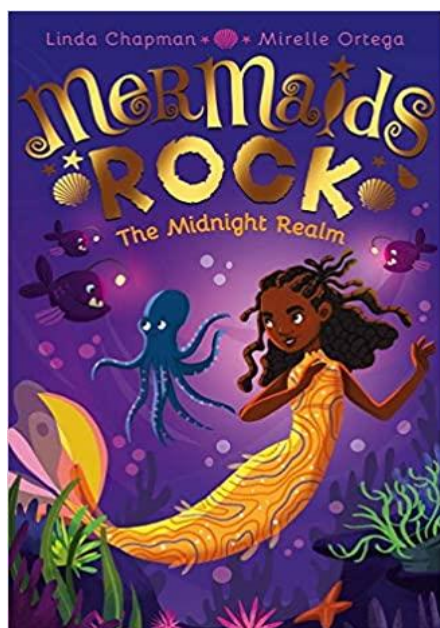
PERFECT... Lots of fun for your dog, you can make more for gifts for other furry friends

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BOOK RECOMMENDATIONS

Mermaids Rock - The Midnight Realm

By Linda Chapman



The fourth book in an exciting new series about the wonders of the ocean.

Welcome to Mermaids Rock! The entrance to the mermaid realm in the deep, blue ocean...

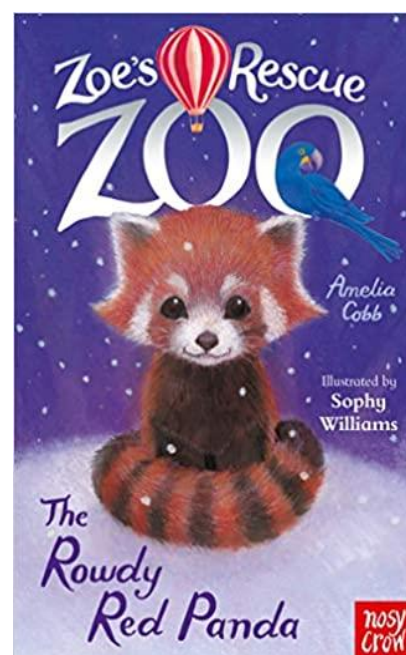
When animals start disappearing from the reef into the mysterious Midnight Realm, Naya and her friends investigate! There they find a glowing cave with a tentacled monster lurking within. Then it traps Luna and the friends launch into action. Naya will have to get inventive if she's going to pull off her rescue mission...

Zoe's Rescue ZOO - The Rowdy Red Panda

By Amelia Cobb

At Zoe's Rescue Zoo only the cutest, cuddliest animals need apply! Zoe loves living at her uncle's rescue zoo because there's always something exciting going on. And Zoe also has an amazing secret... She can actually TALK to the animals! Ruby the red panda is full of energy but sometimes she can be a bit naughty.

With the zoo competing for a special winter award, can Ruby impress the judge ... or will her enthusiasm place her in danger?



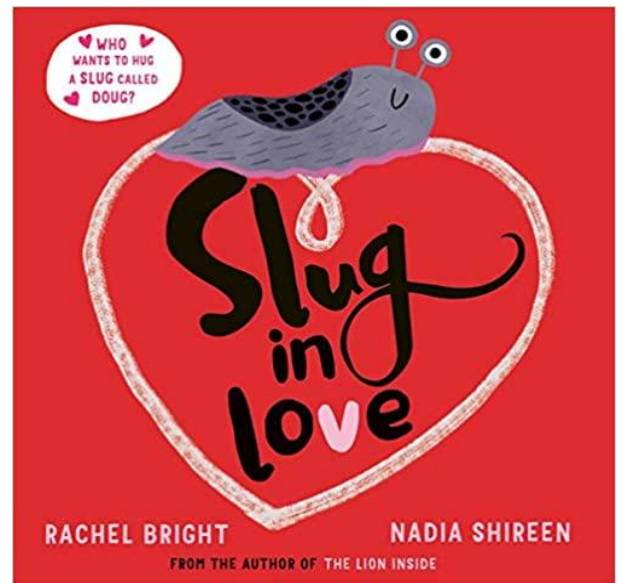
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SLUG IN LOVE

By Cat Weldon

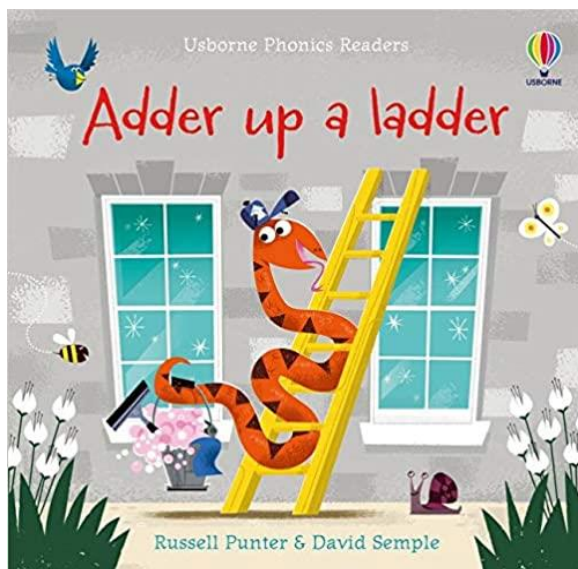
Doug the slug needs a hug. But who wants to hug a slug called Doug?

Snuggle up with lonesome Doug on his search for love in this completely charming picture book which shows that you just never know when love might come flying by... (And which introduces an unsuspecting world to snail superstar, Gail!)



ADDER UP A LADDER

BY RUSSELL PUNTER



Adder is all set to start her new job at Badger's Cleaning Company.

But when she climbs a ladder for the first time, she quickly finds she has no head for heights.

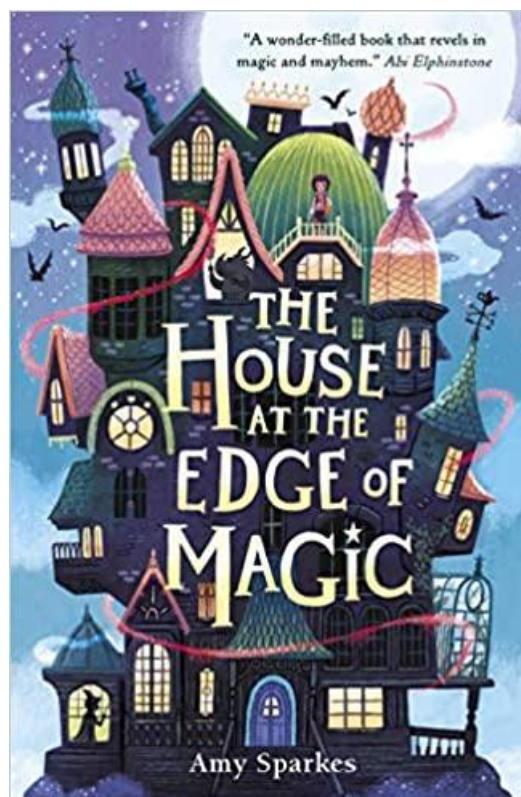
Can anything help her overcome her fears?

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THE HOUSE at the EDGE of MAGIC

By Amy Sparkes

Nine is an orphan pickpocket determined to escape her life in the Nest of a Thousand Treasures. When she steals a house-shaped ornament from a mysterious woman's purse, she knocks on its tiny door and watches it grow into a huge, higgledy-piggledy house. Inside she finds a host of magical and brilliantly funny characters, including Flabberghast - a young wizard who's particularly competitive at hopscotch - and a hideous troll housekeeper who's emotionally attached to his feather duster. They have been placed under an extraordinary spell, which they are desperate for Nine to break - and if she can, maybe they can offer her a new life in return...



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